



# Weekly Lunch Menu



W/C 19th of September 2022	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		Chicken Fajitas with Salsa, Sour Cream and Guacamole <i>Contains wheat, milk</i>	Baked Macaroni and Cheese <i>Contains milk, wheat</i>	Roast Gammon	Fish Fingers <i>Contains fish, wheat</i>
		Refried Beans Wrap, with Salsa, Sour Cream and Guacamole <i>Contains wheat, milk</i>		Onion Bhaji	Spanish omelette
		Cumin Spiced Sweetcorn	Broccoli Florets	Cauliflower Cheese <i>Contains milk and Carrots</i>	Baked Beans
		Spicy Rice	Garlic Bread <i>Contains, wheat</i>	Roast Potatoes	Oven Chips
		Marmalade Sandwich Cake <i>Contains wheat, milk, egg</i>	Carrot Cake with cream cheese frosting <i>Contains wheat, milk, eggs</i>	Gruffalo Crumble <i>Contains wheat with custard Contains milk</i>	Strawberry Jelly



Homemade bread and fresh vegetable crudité's available daily  
Also available: yoghurts, fresh fruit and dietary versions of main course and dessert

