



Weekly Lunch Menu



W/C 23rd of January 2023	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	Sweet and sour pork Contains wheat	Chilli con carne with sour cream and guacamole Contains milk	Tuna sweet corn pasta bake Contains wheat, fish	Roast garlic and herb chicken	Battered cod Contains wheat, fish
	Sweet and sour jack fruit	Chilli non con carne with sour cream and guacamole Contains milk			Roasted vegetable pasta bake Contains wheat
		Peppery sweetcorn	Crunchy Broccoli	Roast carrots and parsnips	Crushed peas with marjoram
	Rice noodle stir fry	Steamed rice	Garlic bread Contains wheat	Roast potatoes with thyme and garlic	Oven chips
	Caramelised oranges with star anise	Sticky toffee pudding with toffee sauce Contains , wheat, egg, milk	Natural yoghurt with fruit toppings Contains milk	Spiced plum crumble with custard Contains milk, wheat	Pear and cinnamon Bake Contains milk, wheat, eggs

Homemade bread and fresh vegetable crudités available daily
 Also available: yoghurts, fresh fruit and dietary versions of main course and dessert